

# Scotland & Caribbean Connections

What was the most significant link between the Caribbean and the Scottish Economy?

## Lesson 1



We have **four** lessons  
on the connections between  
**Scotland** and the **Caribbean**.







Discuss

What does the word **economy** mean?



Discuss

What **products** do you think  
connect Scotland to the Caribbean  
concerning Atlantic Slavery?



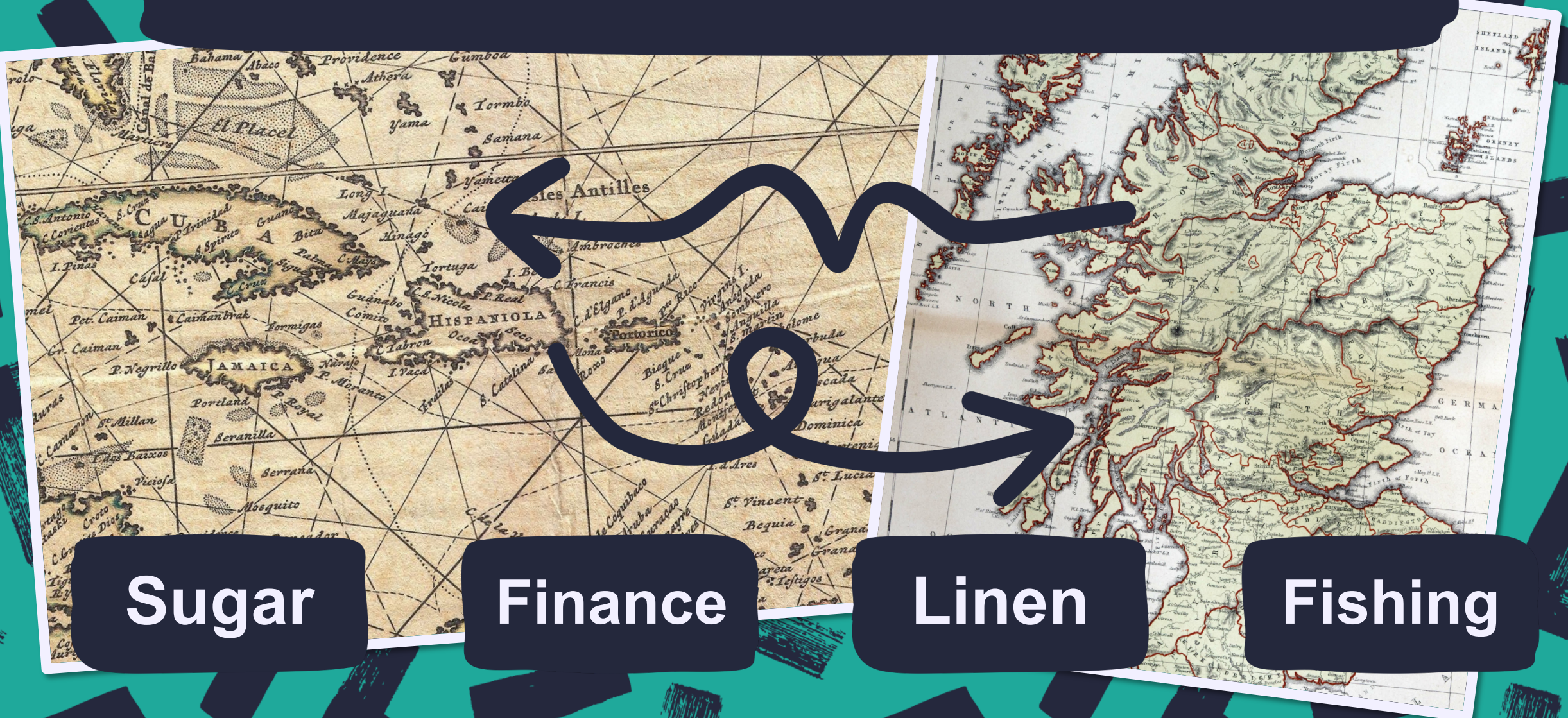


Discuss

What **jobs** do you think  
connect Scotland to the Caribbean  
concerning Atlantic Slavery?



# We will discuss four connections:





**You will choose which was the most significant connection between the Caribbean and Scotland**

**Sugar**

**Finance**

**Linen**

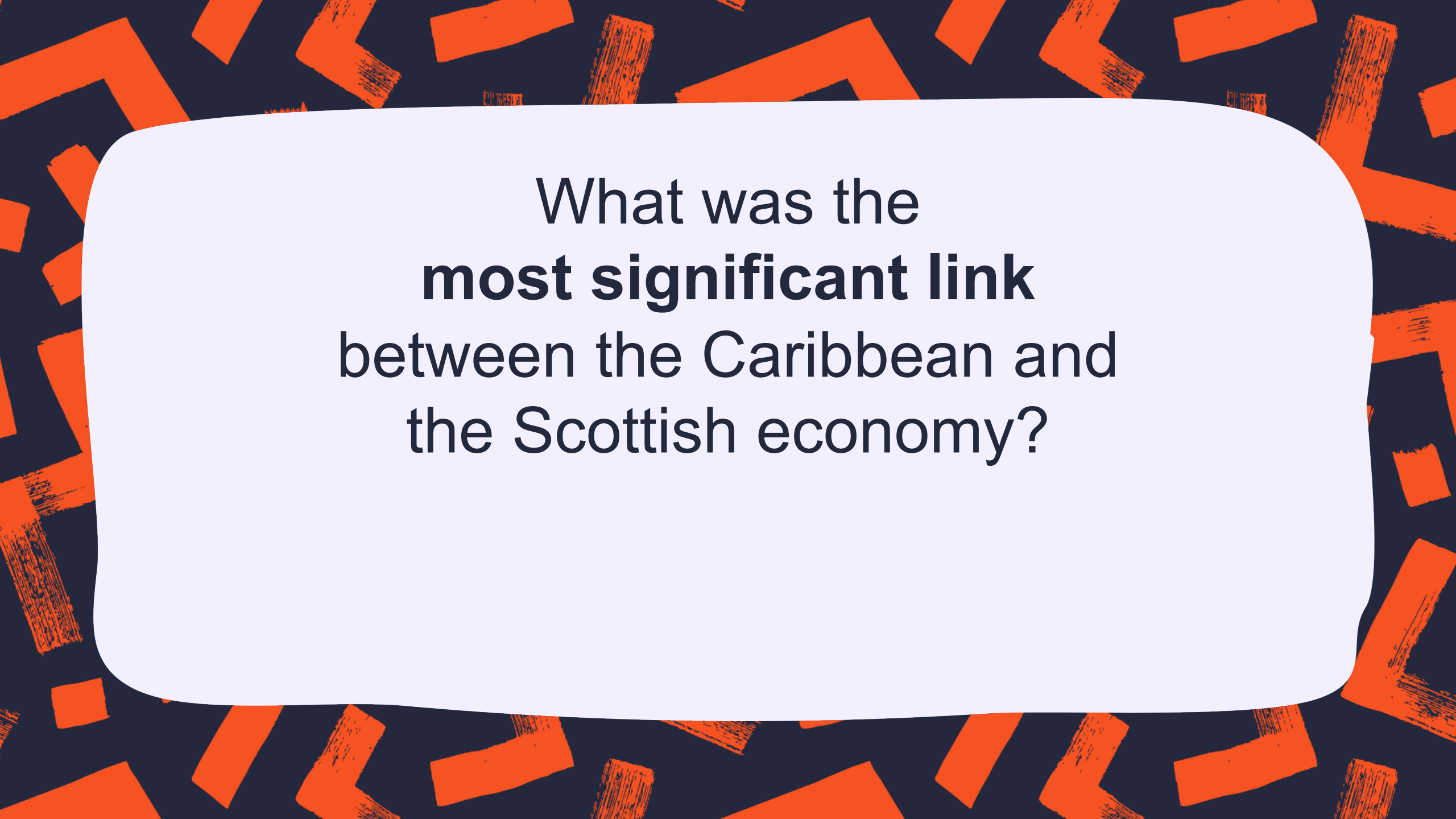
**Fishing**





The **skills of any historian**  
include using evidence to decide between different  
interpretations.

You will have to make a **judgment**  
and back this up with **evidence**.

The background of the slide features a repeating pattern of orange and dark blue geometric shapes, including rectangles and L-shapes, arranged in a staggered, brick-like fashion. A large, white, rounded rectangular box is centered on the slide, containing the text.

What was the  
**most significant link**  
between the Caribbean and  
the Scottish economy?

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**Sugar**





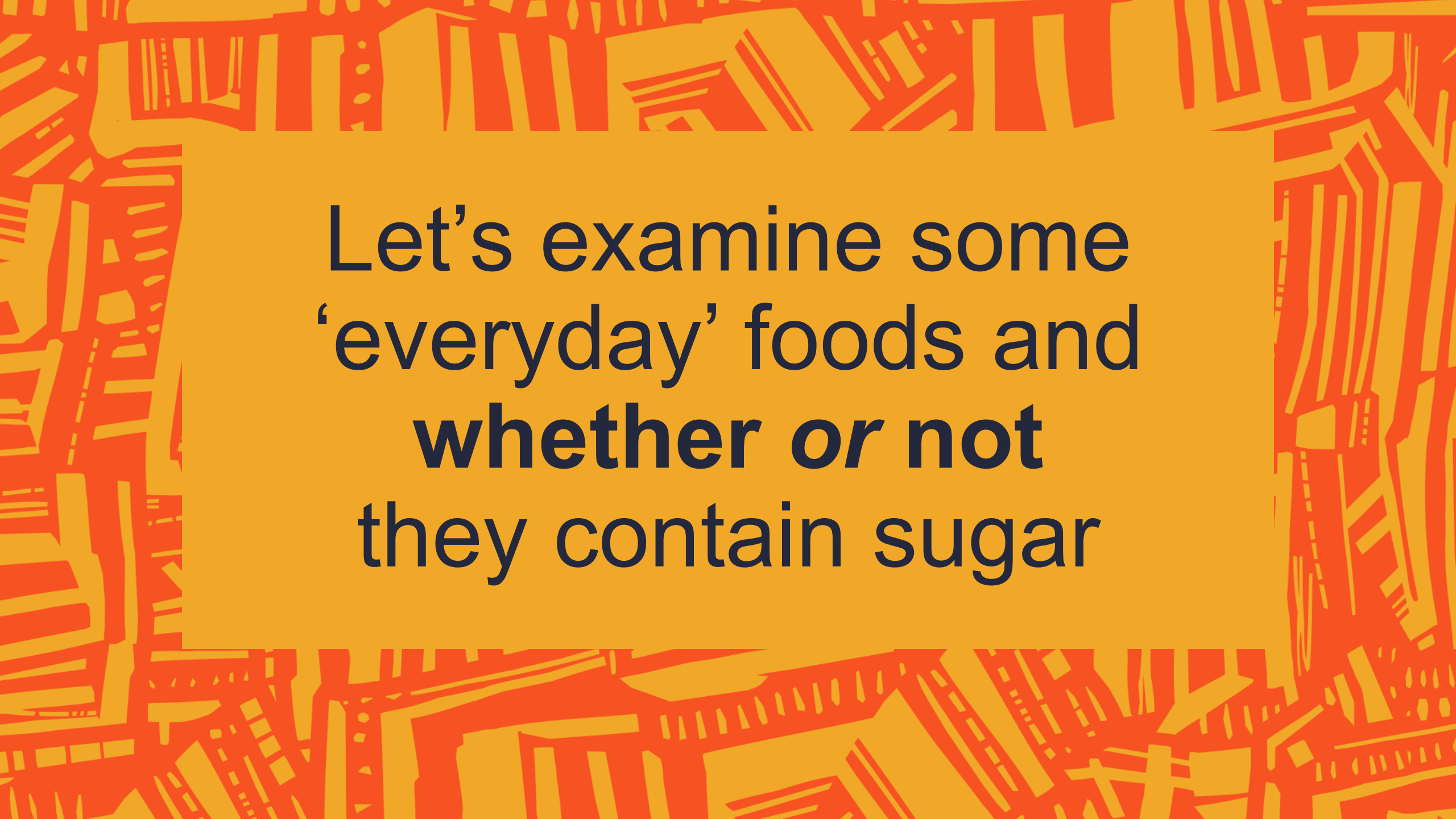
## Discuss

What was the last thing you ate?



Discuss

What was the last thing you ate  
that **did NOT** have sugar in it?



Let's examine some  
'everyday' foods and  
**whether or not**  
they contain sugar



There are many things that we already know will have a lot of sugar in them





# Kellogg's CORN FLAKES\*

## Nutrition Facts Valeur nutritive

Serving 1 cup (29 g)  
Portion de 1 tasse (29 g)

Amount per serving	Cereal	With 1/2 Cup 1% Milk
Teneur par portion	Céréales	Avec 1/2 tasse de lait 1 %
<b>Calories / Calories</b>	110	160
% Daily Value / % valeur quotidienne		
<b>Fat / Lipides 0 g†</b>	<b>0 %</b>	<b>2 %</b>
Saturated / saturés 0 g + Trans / trans 0 g	0 %	2 %
<b>Cholesterol / Cholestérol 0 mg</b>	<b>0 %</b>	<b>2 %</b>
<b>Sodium / Sodium 170 mg</b>	<b>7 %</b>	<b>10 %</b>
<b>Potassium / Potassium 50 mg</b>	<b>1 %</b>	<b>7 %</b>
<b>Carbohydrate / Glucides 24 g</b>	<b>8 %</b>	<b>10 %</b>
Fibre / Fibres 0 g	0 %	0 %
Sugars / Sucres 3 g		
<b>Protein / Protéines 2 g</b>		
Vitamin A / Vitamine A	0 %	8 %
Vitamin C / Vitamine C	0 %	0 %
Calcium / Calcium	0 %	15 %
Iron / Fer	30 %	30 %
Thiamine / Thiamine	45 %	45 %
Riboflavin / Riboflavine	60 %	80 %
Niacin / Niacine	8 %	10 %
Vitamin B <sub>6</sub> / Vitamine B <sub>6</sub>	10 %	10 %
Folate / Folate	8 %	10 %
Pantothenate / Pantothénate	6 %	15 %

† Amount in cereal / Dans les céréales.





		de lait 1 %	
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Sodium / Sodium 170 mg		7 %	10 %
Potassium / Potassium 50 mg		1 %	7 %
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Vitamin C / Vitamine C		0 %	0 %
Calcium / Calcium		0 %	15 %
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## Cheese & Onion Flavour Potato Crisps

**Ingredients:** Potatoes, Sunflower Oil (25%), Rapeseed Oil, Cheese & Onion Seasoning. Cheese & Onion Seasoning contains: Dried Onion, Salt, Dried **Milk** Whey, Dried **Milk** Lactose, Sugar, Flavourings, Somerset Cheddar Cheese Powder (From **Milk**), Dried Garlic, Colours (Paprika Extract, Annatto).

## Allergy Advice

**Contains:** See highlighted ingredients  
**Made in a factory that also handles:** Wheat, Gluten, Barley, Soya, Celery, Mustard

Suitable for Vegetarians





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**Developed by**

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the Teaching Slavery in Scotland project at Edinburgh, Glasgow and Stirling Universities.



**Funded by**



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